



# MARINE TRANSPORT WORKERS' TRADE UNION OF UKRAINE E - BULLETIN

Dear All!

FEBRUARY 2021

The Marine Transport Workers' Trade Union of Ukraine is always there to take care about its members – seafarers and their families. The Union extends its social coverage to seafarers, both when they are at sea and ashore. In order to keep you informed of our activities, we have developed this monthly E-BULLETIN, aimed to guide you through our most recent and significant achievements and activities, provided by our Union. Any suggestions and proposal are very welcome. Stay tuned for more information!

The MTWTU team works every day, striving to do its best for the Ukrainian seafarers and their families. Significant efforts are still focused on keeping them abreast of the most crucial industry developments concerning the Ukrainian seafarers and their employment onboard the foreign-flagged ships worldwide during COVID-19 crisis.

**Furthermore, all Ukrainian seafarers-MTWTU members, are entitled to apply for financial assistance from the Union, if they are unable to get employment onboard the ship for more than 6 months from the end of last contract, as well as if they are facing employment delays due to COVID-19 quarantine measures and travel restrictions.**

Your sincerely, Oleg Grygoriuk  
First Vice Chairman MTWTU  
Vice President IFSMA,  
Goodwill Maritime Ambassador IMO



## EDUCATIONAL EVENTS Health Care Issues for Seafarers

On February 2, 2021, there was arranged a meeting for MTWTU-registered seafarers with a family doctor and nutritionist.

Held at the Maritime Union Center, the meeting was dedicated to 'Health in general and ways to sustain it'.

“There are four main factors that reasonably determine the state of health: lifestyle and living conditions (55-60%), ecological situation (20-25%), heredity (15-20%) and the level of medical care (7-15%). In addition, we discussed how to figure out the reasons for stress and ways to address it and why the individual approach of prescribing vitamins is important,” said the seminar speaker Anatoliy Nikolaev.



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## Relationships Onboard



On February 9, the Maritime Union Center hosted the first meeting with Dr. Binay Singh in 2021. There the topic of discussion was ‘Ships and Relationships’, dedicated to the working conditions onboard a ship.

The event addressed such issues like work-home balance, connection, trust and relationships with family and friends.

Recall that Dr. Singh is a founder and president of the Global Maritime Community, life-coach and author of over 75 books.

“Knowing how to communicate is the core of any relationship. First of all, enquire of other people and do it sincerely, be a good listener, respect other people’s opinion – thus you will always be able to establish good relations in a team, family and among friends,” Dr. Singh said.

## MTWTU AND EDMARINE JOINT SEMINARS Workshop for ETOs

On February 11 and 26, Odessa and Izmail hosted seminars for mechanics, electricians, and cadets. The event was arranged by the MTWTU in cooperation with EdMarine educational project for seafarers.

The speaker of the seminar, an acting seafarer Danil Morgun shared with colleagues a basic course on principal electrical schemes.

The participants discussed safety rules when working with electrical equipment, figured out how to detect electrical circuit malfunctions and studied its elements, as well as made a detailed analysis of the circuit diagrams.

“This is the second time I have communicated with the audience gathered by the MTWTU. And I am glad that there is feedback from the seafarers. I attempted to share the knowledge that will really be useful to seafarers in their daily routine,” the speaker said.



## Log Bulk Course

On February 24, 2021, the seafarers attended the seminar on ‘Log Bulk Carrier’ by EdMarine educational project for seafarers.

There, the Captain with 25 years of sea-going experience shared his knowledge: “Seafarers do not often get to know log transportation, but there are many nuances on it. At the seminar, we examined the regulatory framework and the rules for the wood transportation, the particularities of its calculation and how to prepare the ship for log transportation”.

The EdMarine's speaker is convinced that experienced senior officers are obliged to share their knowledge with young seafarers: "Books are unable to provide you the answers to all real-life situations during the voyage. Such seminars are very much of use not only to new, but to all seafarers.



## Family Meeting with Psychologist

On February 17-18, 2021, the Union organized a series of seminars with the psychologist Marina Volkova. The seminars were held in Odessa and Izmail to discuss the topic of raising children in the families of seafarers.

The event attempted to answer a question 'What parents should pay attention to if father is on voyage for months?'

"Of course, mothers in such families have a great responsibility and cope with a lot of tasks. In many

ways, the mother's ability to see what is happening with the child, to understand and respond in time determines whether the father's absence would be a problem for the child in the future. The father's ability, when back from voyage, to adequately 'engage' in child-raising process provides favorable conditions for child development. Practice has shown that challenges are inevitable, but they can be overcome," the psychologist commented.



## PREMIERE SCREENINGS WITH THE UNION

The MTWTU launched the 2021 premiere movie screenings for the families of the trade union members. A computer-animated comedy film 'Tom and Jerry' has returned the famous Cat and Mouse to the big screens. The story shows us the acquaintance and first adventures of Tom and Jerry.

