# MARINE TRANSPORT WORKERS' TRADE UNION OF UKRAINE E-BULLETIN





# Dear seafarers!

Marine Transport Workers' Trade Union of Ukraine takes care of you and your families not only when you are ashore, but when you are at the sea. In order to keep you informed about our activities, we designed this monthly E-BULLETIN which guides you through all our achievements and events provided by our Union. Any suggestions and proposal are welcome. Stay connected!

Yours sincerely, Oleg Grygoriuk First Vice Chairman MTWTU

## IMO GOODWILL MARITIME AMBASSADOR IS APPOINTED IN UKRAINE



The International Maritime Organization (IMO) announced the appointment of the Marine Transport Workers' Trade Union of Ukraine First Vice Chairman Oleg Grygoriuk as IMO Goodwill Maritime Ambassador.

IMO Goodwill Maritime Ambassador is an advocate for the maritime and seafaring professions in his region or nation, encouraged to share his passion about the maritime world with others, particularly young people who are starting out on their further education, apprenticeships and career pathways.

The IMO GMA is encouraged to share his passion about the maritime world with others, particularly young people who are starting out on their further education, apprenticeships and career pathways. The overall objective is to reach new target audiences to educate and inform on the importance of shipping and the role of IMO, and inspire a new generation of seafarers and other maritime professionals.

"I am delighted to have been selected for such a

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meaningful mission and extremely proud to be among the other 33 international ambassadors of the International Maritime Organization, representing Ukraine. Along with the other ambassadors, I am looking forward to be able to show my country as a crucial one for the global shipping. We possess great potential, and my mission is to advance this understanding to most shipowners, managers, and all those involved in the training and employment of Ukrainian seafarers. The main task is to develop opportunities for shipowners to run business in Ukraine thus creating decent jobs for Ukrainian seafarers," Oleg Grygoriuk commented.

Part of my mission is to popularize seagoing profession among the citizens of Ukraine through demonstration of all its benefits and advantages. And even more, remind that seafaring is a significant and at the same time dangerous occupation, so we all should contribute towards seafarers' wellbeing and safety," Oleg Grygoriuk continued.

#### SEAFARERS' ADAPTATION ONBOARD AND ASHORE



One of the most challenging issues for seafarers in a wellbeing context is their ability to adapt quickly and efficiently to a fast changing environment both onboard and ashore. Frequent changes of the lifestyle and getting used to new people require great efforts - physical, mental and emotional. After severe conditions at sea, another problem always arises - adaptation on the shore. A drastic change of conditions, with huge spaces instead of enclosed ones, with the number of people disproportionately large than onboard a vessel, with the number of tasks and problems that a seafarer has to solve.

Therefore, the MTWTU's initiative to organize a workshop with a psychologist and business coach Olena Sienko was greatly supported by the seafarers.

During the seminar, seafarers were told about the importance of a proper rest after returning home and how to avoid stress due to mental and physical burnout.

## STARTING CAREER PATH WITH THE MTWTU



Cadets of junior grades, are often not fully aware of all the risks that accompany their employment and subsequent work aboard a foreign ship. Thus, the MTWTU informs them of how and where to check whether the crewing mediator has been licensed for the provision of employment services abroad, teaches to check whether a vessel is covered by the ITF CBA; what to pay attention to when reading employment

www.mtwtu.org.ua office@mtwtu.org.ua +380482429901 www.facebook.com/MTWTU contract and collective agreement and much more. The Union pays special attention to the provisions of employment contract and CBA with regard to wages, period of employment, early contract termination, sickness or injury and so on.

#### **UNION PREMIERES**

The new year of premiere film screenings for the families of seafarers, registered with the Union, has begun. It started with the American comedy thriller 'Bad Boys for Life', watched by about 430 people.

Another January premiere for the Union members and their families was the criminal action movie 'The Gentlemen'. New Guy Ritchie's work, filmed in the director's recognizable style, was watched by about 230 people.



### BELIEVE IN MIRACLES WITH THE UNION

What do you associate New Year holidays with? Tones of tangerines, sparklers and fireworks, 'Home Alone' movie, an elegant Christmas tree, or maybe traditional food on the table? The answers to this question can be very different, but we all know for sure that faith in a miracle is what unites people these days – both young and old! For more than 20 years in a row, the Marine Transport Workers' Trade Union of Ukraine has been inviting the children of seafarers, the Union members, to the colorful New Year performances. And for the third year already, the performances take place not only in Odessa but in Kiev, Kherson, Nikolaev and Izmail.

